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1. Time to get up _____. Didn't you hear your alarm ringing?
- a) sleeping head
 - b) sleeping face
 - c) sleepy head
 - d) sleepy face
2. She gets up early during the week for work, so on Sundays she doesn't get up until 11 o'clock. She really likes _____. She feels rested after a long sleep.
- a) having a long lie-in
 - b) oversleeping
 - c) having a sleepover
 - d) sleepwalking
3. When we were on holiday the hotel was on a really noisy street. I _____ because of all the noise. It wasn't a very relaxing holiday. I'm exhausted!
- a) slept like a log
 - b) couldn't get to sleep
 - c) slept like a baby
 - d) none of the above
4. If you make the slightest noise in the house, her mum wakes up. Her dad is the complete opposite. He's a really _____ sleeper. He sleeps through anything!
- a) heavy
 - b) big
 - c) loud
 - d) light
5. He's been very worried about his job recently and hasn't been sleeping well. He wakes up at 2 o'clock in the morning and then can't get back to sleep. All he wants is _____.
- a) a well sleep
 - b) a well night's rest
 - c) a good night's sleep
 - d) the good nights' sleep
6. I had a terrible _____ last night. I dreamt that I was late for an exam, I had no clothes on and I was being chased down the street by this huge monster. I wonder what that means.
- a) nightfright
 - b) fright dream
 - c) dream scare
 - d) nightmare
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ANSWERS:

1. Time to get up _____. Didn't you hear your alarm ringing?
- a) Sorry, the second word is correct but the first one isn't.
 - b) Sorry, this expression doesn't exist in English. Try again.
 - c) **Well done! This is an informal way of saying (usually to children) that it's time to get out of bed.**
 - d) Sorry, the first word is correct but the second one isn't.
2. She gets up early during the week for work, so on Sundays she doesn't get up until 11 o'clock. She really likes _____. She feels rested after a long sleep.
- a) **This is the right choice. Well done!**
 - b) This means sleeping later than you were supposed to (maybe you set your alarm for 8 o'clock but didn't get up until 9 o'clock and you were late for work).
 - c) If a child stays the night at his or her friend's house, that's a sleepover.
 - d) If you get out of bed and walk around while you're still asleep, that's sleepwalking.
3. When we were on holiday the hotel was on a really noisy street. I _____ because of all the noise. It wasn't a very relaxing holiday. I'm exhausted!
- a) and c) This expression means you slept really well. You need an expression that means you didn't sleep at all well.
 - b) **Well done! This is the correct answer.**
 - d) One of these answers is right. Try again.
4. If you make the slightest noise in the house, her mum wakes up. Her dad is the complete opposite. He's a really _____ sleeper. He sleeps through anything!
- a) **This means once he's asleep, he stays asleep and nothing disturbs him.**
 - b) c) and d) You need a different adjective here.

5. He's been very worried about his job recently and hasn't been sleeping well. He wakes up at 2 o'clock in the morning and then can't get back to sleep. All he wants is _____.

a), b) and d) Sorry, there is no such expression in English. Try again!

c) **This is the correct answer. 'A good night's sleep' means to sleep restfully throughout the night and not waken up till morning.**

6. I had a terrible _____ last night. I dreamt that I was late for an exam, I had no clothes on and I was being chased down the street by this huge monster. I wonder what that means.

a) , b) and c) Sorry, this isn't correct. Try again.

d) **Correct - This means a bad dream.**

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